

Advancing Wholistic Health Care. **It Matters.**

Wholisticmatters.com is the go-to resource for health care professionals who want to discover the clinical science behind whole food nutrition, and:

1. Stay up-to-date on the latest nutritional research.
2. Connect via peer-to-peer conversations to share insights about patient-focused care.
3. Create a reading list to share with others or save for later. See what peers are reading and recommending.

Key clinical care topics include:

- Immune and inflammation management and control
- Epigenetics, nutrigenomics, and precision medicine
- Cardio-metabolic systems
- Digestive health and the microbiome
- Lifestyle health and wellness

Join the conversation today!

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